

CERT: Disaster Medical Operations, Part 2

Written by

Thursday, 04 September 2014 08:08 -

A partnership between Fort Sill, Lawton/Comanche County Emergency Management, the Oklahoma State Department of Health, the Medical Emergency Resource Center, the Oklahoma Medical Reserve Corps and the Oklahoma Office of Homeland Security are offering a FREE class on September 26th, 6 to 10 pm, Saturday, September 27th and Sunday, September 28th from 8 a.m. to 5 p.m. to teach you how to deal with emergency situations. This class is called Community Emergency Response Team (CERT) and we are conducting this training for the benefit of increasing individual and family preparedness as a culmination of National Preparedness Month. Students must attend all sessions to complete the training and receive credit.

This week our focus is on disaster medical operations part 2. Have you ever been the first person to see an accident either in your neighborhood or on the street? Besides calling 911 which is always the correct thing to do, did you want to or know how to render any immediate assistance before first responders arrived? Have you or a family member ever had a broken arm, a dislocation, a sprain or strain? Do you know what to do to stabilize the injured area properly until help could arrive? What about getting a burn from cooking on the stove? Have you ever had a bloody nose that just wouldn't quit? With it being Oklahoma, heat is always a problem, have you or a family member even been the victim of a heat injury? Would you be able to recognize the signs of a heat injury in someone else and be able to render aid to prevent any further injury? Is this something that you would like to know how to do? Disaster Medical Operations Part 2 will teach you things such as conducting a head to toe assessment, treating burns, wound care, treating fractures, dislocations, sprains and strains, nasal injuries, heat and cold injuries and even how to properly treat bites and stings.

Besides learning about triage in disaster medical operations part 2, in the CERT class you will learn about individual and family preparedness, fire and utility controls, additional medical and first aid skills, learn how to properly and safely search a structure for injured victims, learn how to lift objects off of injured people by using cribbing and shoring materials. You will learn how to organize yourself, your family and your neighborhood to take care of each other until first responders arrive. There is also training on psychology in a disaster and terrorism situations. Just this week California suffered a severe earthquake. California has a very robust CERT program and everyday citizens like you are ready and there to help themselves, their families and their neighbors deal with the effects of a disaster. Remember the more you know prior to a disaster and the better you are able to deal with it, the discomfort you and your family will feel will certainly be decreased. There is a place for everyone with the knowledge and skills you learn in the CERT class. We hope to see you in class. To register for the class please use the following link: http://www.ok.gov/homeland/courses/training_event_detail.php?event_id=990

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